

What Mother Teresa said about Eucharistic Adoration:

"When you look at the crucifix, you understand how much Jesus loved you. When you look at the Sacred Host you understand how much Jesus loves you now. This is why you should ask your parish priest to have Perpetual Adoration in your parish. I beg the Blessed Mother to touch the hearts of all parish priests that they may have Perpetual Eucharistic Adoration in their parishes, and that it may spread throughout the entire world."

"The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about everlasting peace on earth."